

Table 3

@	Description	Voyage 1	Voyage 2	Voyage 3	Voyage 4	Voyage 5	Voyage 6
1	Polar Waters/equivalent polar waters*						
2	Port of Departure						
3	date and time (UTC) of departure						
4	Arrival Port						
5	date and time (UTC) of arrival						
6	date and time (UTC) of entry in polar waters/equivalent polar waters						
7	point of entry in polar waters/equivalent polar waters						
8	date and time (UTC) of exit from polar waters/equivalent polar waters						
9	point of exit from polar waters/equivalent polar waters						
10	hours of work in polar waters /equivalent polar waters						
11	Equivalent seagoing service = [(10):160]x30 {d}						
12	Duration of stay in arrival port (if within polar waters) {d}						
13	Sum of Seagoing service in polar waters =(9)+(10) {d}						

This is to confirm that (Name Surname) date of birth (dd/mm/yyyy) holder of the Cyprus Seafarer Identification and Sea Service Record Book No. CY signed on at (port/country) and served on board our vessel (name) IMO No. (.....) from (dd/mm/yyyy)until (dd/mm/yyyy) performing duties in the deck department at management level/operational level (delete as appropriate).

NAME: -----

POSITION: -----

SEAL OF THE COMPANY

SIGNATURE: -----

*Specify if Arctic waters or Antarctic area